

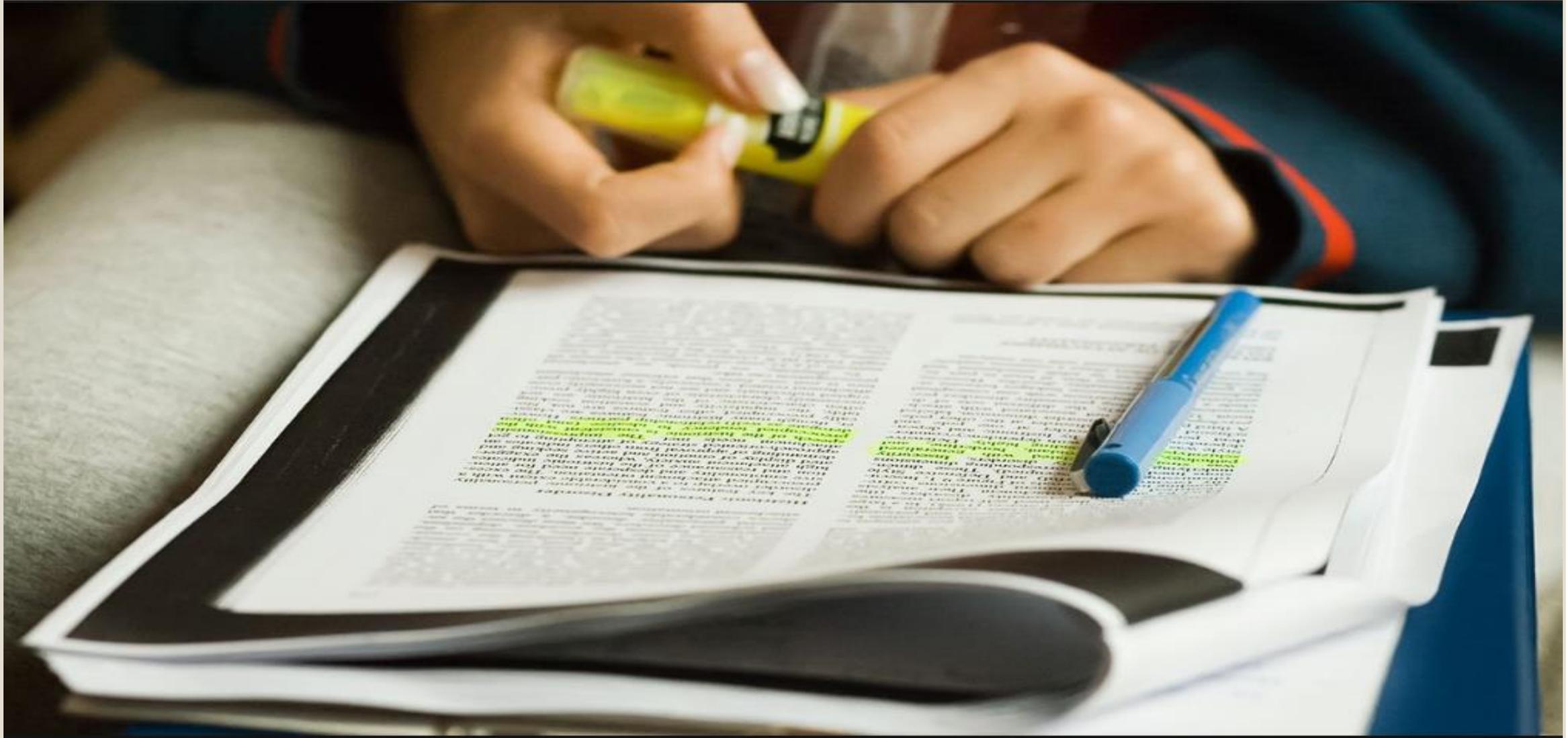


Experiential and Reflective Learning in the Course Design of Art, Self-exploration and Spirituality

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Purposes of General Education

Provide a Foundation for the Major

Realize Individual Student Potentials

Prepare for Membership in the Community

Facilitate Integration of Knowledge



Source: Washington State University Website <http://gened.wsu.edu/overview/atWSU/>

Purposes of General Education

Promote whole-person education

Enhance their general knowledge and understanding of the world, China, and Hong Kong

Encourage independent thinking and judgment

Promote appreciation of cultural diversity and arts

Promote moral development, personal growth and critical self-reflection

Source: Washington State University Website <http://gened.wsu.edu/overview/atWSU/>

GE Programme

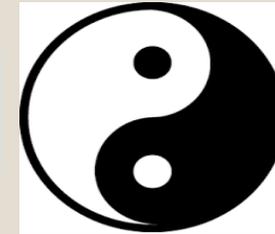
Programme Title	Instructor	Description
 GE2016-01A Hall of Wisdom: Johnnie To 大學問：杜琪峯	Dr. Johnnie To (杜琪峯博士)	港大通識與香港電台電視部合作，推出一系列《大學問》講座。來自不同界別，赤手空拳建立香港、思索香港的一代，雲集大學講堂裏，與後輩對談。即將接棒的港大同學，無須複製前人的成功，不用墨守 ...
 GE2016-01B Hall of Wisdom: Lung Yingtai 大學問：龍應台	Prof. Lung Yingtai (龍應台教授)	本講座為「香港大學孔梁巧玲傑出人文學者公開講座」。港大通識與香港電台電視部合作，推出一系列《大學問》講座。來自不同界別，赤手空拳建立香港、思索香港的一代，雲集大學講堂裏，與後輩對談 ...
 GE2016-01C Hall of Wisdom: Paul Shieh 大學問：石永泰	Paul Shieh SC (石永泰資深大律師)	港大通識與香港電台電視部合作，推出一系列《大學問》講座。來自不同界別，赤手空拳建立香港、思索香港的一代，雲集大學講堂裏，與後輩對談。即將接棒的港大同學，無須複製前人的成功，不用墨守 ...
 GE2016-01D Hall of Wisdom: Joseph Yam 大學問：任志剛	Prof. Joseph Yam (任志剛教授)	港大通識與香港電台電視部合作，推出一系列《大學問》講座。來自不同界別，赤手空拳建立香港、思索香港的一代，雲集大學講堂裏，與後輩對談。即將接棒的港大同學，無須複製前人的成功，不用墨守 ...
 GE2016-01E Hall of Wisdom: Jasper Tsang 大學問：曾鈺成	Mr. Jasper Tsang (曾鈺成先生)	***The registration quota is full*** 港大通識與香港電台電視部合作，推出一系列《大學問》講座。來自不同界別，赤手空拳建立香港、思索香港的一代，雲集 ...
 GE2016-01F Hall of Wisdom: Eason Chan 大學問：陳奕迅	Dr. Eason Chan (陳奕迅博士)	***The registration quota is full*** 港大通識與香港電台電視部合作，推出一系列《大學問》講座。來自不同界別，赤手空拳建立香港、思索香港的一代，雲集 ...

Web resource http://gened.hku.hk/programme/sub_programme?id=82

Four Areas of GE Programmes at HKSYU

Chinese Culture in
the 21st Century

- e.g., Daoism and health



Community of
Literacy

- e.g., Mass Media culture



Global Citizenship

- e.g., Spirituality and life



Interdisciplinary
Perspectives

- e.g., Society and language



Experiential Learning

Experiential learning is the learning by doing with intensive reflection through individually determined experiences.

Experiential learning is a holistic, continuous process grounded in experiences.

(Kolb, 1984; Wolf & Mehl, 2011)

Art, Self-exploration and Spirituality

Arts are ubiquitous.

Arts are integrated to many activities of life.

Arts are sources of joy.

Arts help people to express themselves. (Dissanayake, 2002)

Spirituality and self understanding are the major themes of expressive arts.

The process of art creation is spiritual.

(Farrelly-Hansen, 1999; Kandinsky, 1977; Spretnak, 2014; Tolstoy, 1995)

Akiane Kramarik



More paintings and poetry: <https://art-soulworks.com/pages/akiane-art-gallery>

Course Intended Learning Outcome(CILO)

1. Apply basic concepts and theories in art psychology and aesthetics to art interpretation
2. Analyze art works from diverse culture with a focus of self-exploration and spirituality
3. Explore existential enquiries of self and spirituality through the experiential learning of making expressive art work
4. Enhance one's own ability to understand and express their identities with cultural and spiritual awareness

Teaching and Learning Activities (TLAs)

1. Six lectures

- Equip students with introductory knowledge about art psychology and spirituality.

2. Six workshops facilitated by expressive art techniques

- Encourage students to take a journey of self-exploration in major life themes through different art forms.

3. Presentations

- *Encourage students to explore and present* on selected topics in art appreciation, art psychology, and spirituality in art forms.

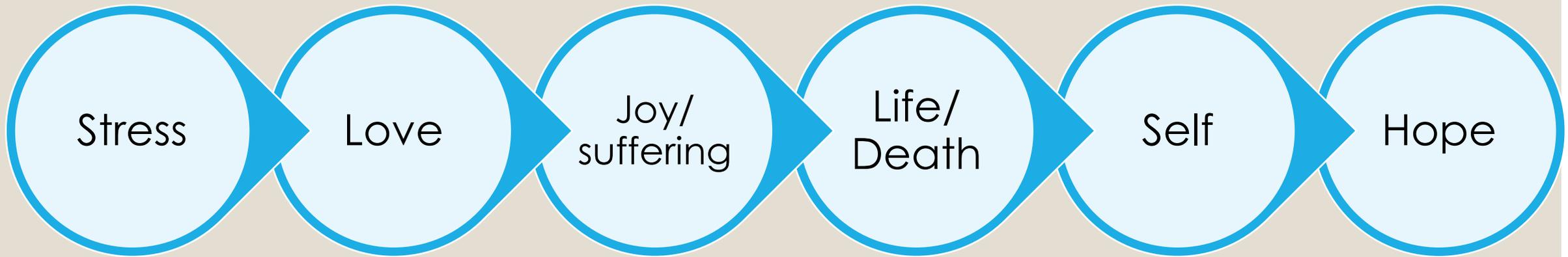
4. Gallery visit

- *Provide* students another opportunity of experiential and reflective learning and encourage them to see, hear, feel and understand humanity and spirituality in art pieces

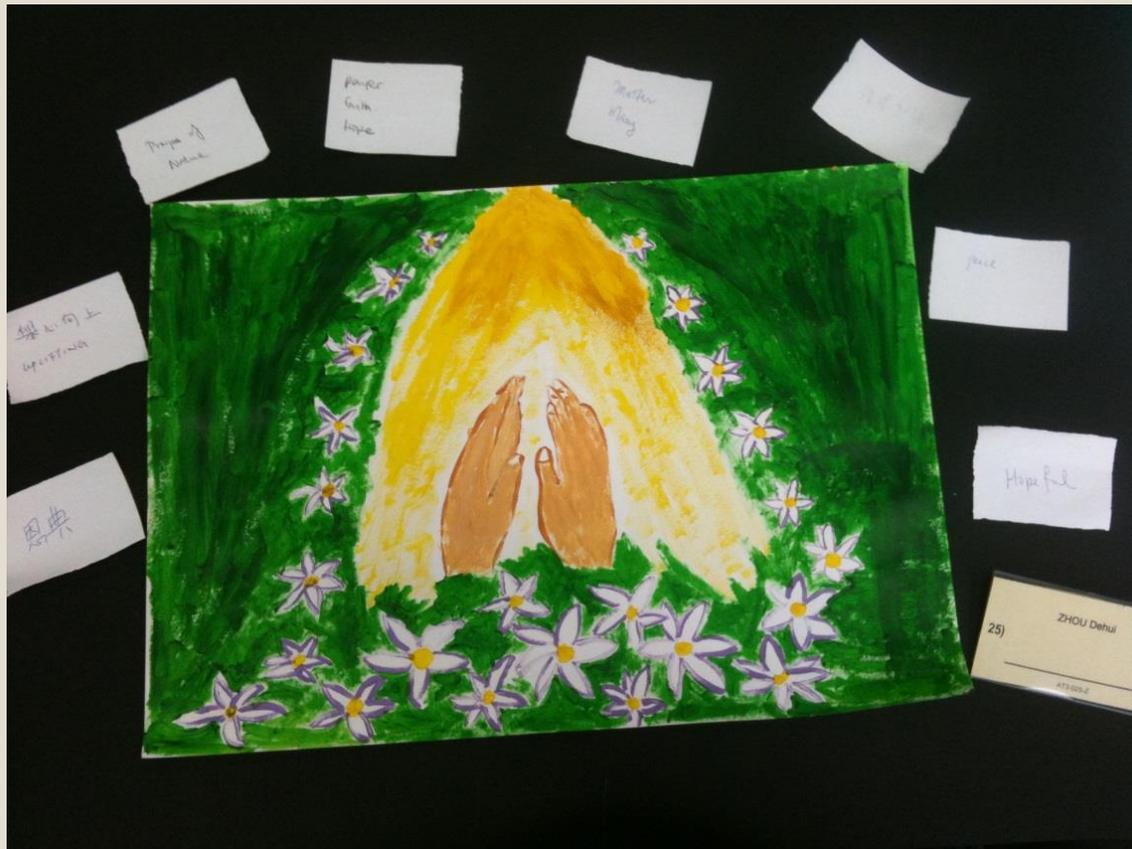
Assessment

Tasks	Weighting
AT1 Class participation	10%
AT2 Group presentation	20%
AT3 An image journal	40%
AT4 Gallery report	30%
Total	100%

Six Workshops



Hope



Closing my eyes
I see the color of Hope

Up from heaven falls down
The golden rain of grace.
The pure purple daffodils
Spread over the great green meadow.

All are the lively answers
To the silent prayer of nature
In the heart form of uplifting hands

Hallelujah

Hallelujah

Hallelujah

Hallelujah

Hallelujah...

Thanks for your Participation!

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